UA Earning Plan

Month ______

Week ______  Goal ______  Over ______  Under ______

Prosperity consciousness check list:

_____ Did you pray and meditate?

_____ Did you go to a phone or face to face UA meeting?

_____ How many hours did you spend working?

_____ Are you working the steps?

_____ Did you take breaks when you needed them?

_____ Did you prepare your work adequately?

_____ Did you arrive on time?

_____ If you had scary actions to take, did you reach out to another person in program?

_____ Did you use any relaxation techniques?

_____ Did you keep a relaxed record of your time?

_____ Did you do something for fun?